

Oviedo Aquatics



Program Brochure 2012

Splash Zone

Oviedo Aquatic Facility
148 Oviedo Boulevard
407-971-5570



Riverside Pool

Riverside Park
1600 Lockwood Boulevard
407-971-5582

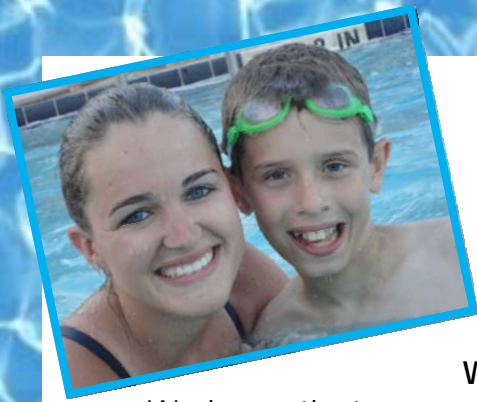


Big Kahuna

Oviedo Aquatic Facility
148 Oviedo Boulevard
407-971-5570



General Information



Welcome to City of Oviedo Aquatics!

We hope that you are able to find all the information you are looking for here. If you have any questions please feel free to give us a call at 407-971-5570.

Oviedo Aquatics consists of three pools, run out of two beautiful facilities: Riverside Pool and the Gymnasium & Aquatic Facility. **All three of our pools are public and family friendly.** We welcome anyone to come and swim laps or just take a dip in the pool.

Riverside Pool is a heated, eight lane, 25 yard pool that is home to the Hagerty Huskies, Winter Springs Bears and many aquatic programs!

The Aquatic Facility has two pools: the Big Kahuna and the Splash Zone.

The Big Kahuna is a temperature controlled, Olympic sized pool, which gives us eight, 50 meter lanes or twenty, 25 yard lanes. The Big Kahuna is home to the Oviedo Barracuda Summer Swim Team, the Oviedo Lions, the Training Cudas, the Blue Dolphins, and many other aquatic programs.

The Splash Zone is a zero depth entry pool with play features and a big slide.

The Splash Zone is not heated and is therefore, a seasonal pool.

We offer a variety of aquatic based programs for all ages ranging from Swim Lessons to Water Aerobics! Inside you will find some information about each one of our programs and their dates. Feel free to contact us with any further questions you may have!

City of Oviedo
400 Alexandria Blvd
Oviedo, FL 32765

Riverside Pool
1600 Lockwood Blvd
Oviedo, FL 32765
407-971-5582

Aquatic Facility
148 Oviedo Blvd
Oviedo, FL 32765
407-971-5570

Aquatic Staff:

Paul Belden
Gymnasium & Aquatics Superintendent
407-971-5566
pbelden@cityofoviedo.net

Liz Fiorey
Aquatic Coordinator
407-971-5582
lfiorey@cityofoviedo.net

Lori Hickey
Aquatic Coordinator
407-971-5584
lhickey@cityofoviedo.net

Taylor Gray
Head Lifeguard
407-971-5567
tgray@cityofoviedo.net

Pool Hours & Fees



Aquatic Fees			
	Oviedo City Resident	Non-Resident Member	Non Resident
Daily Admission			
Aquatic Facility	\$4	\$6	\$9
Riverside	\$2	\$2.50	\$4
Pool Passes			
2 Month Pass			
Individual	\$50	\$80	\$100
Family	\$100	\$135	\$165
12 Month Pass			
Individual	\$250	\$450	\$540
Family	\$300	\$540	\$650
Season Pass May 28 - Sept 3			
Family	\$150	\$200	\$250

Oviedo Residents must reside within city limits not simply have an Oviedo mailing address.

Non-Resident Members pay a yearly \$50 fee to receive discounted rates.

Splash Zone at the Aquatic Facility

Winter September 27, 2011 - May 4, 2012
Closed - seasonal pool

Spring May 5, 2012 - May 30, 2012
M - F: closed
Saturday: 12pm - 5pm
Sunday: 12pm - 5pm

Summer May 31, 2012 - August 12, 2012
M - F: 12pm - 4pm
Saturday: 12pm - 5pm
Sunday: 12pm - 5pm

Fall August 13, 2012 - September 30, 2012
M - F: closed
Saturday: 12pm - 5pm
Sunday: 12pm - 5pm

Winter October 1, 2012 - May 3, 2013
Closed - seasonal pool

Big Kahuna at the Aquatic Facility

Winter October 30, 2011 - March 31, 2012
M - F: 2pm - 8pm
Saturday: 7am - 1pm
Sunday: closed

Spring April 1, 2012 - May 30, 2012
M - F: 6am - 10am; 2pm - 8pm
Saturday: 7am - 5pm
Sunday: 12pm - 5pm

Summer May 31, 2012 - August 12, 2012
M - F: 6am - 8pm
Saturday: 7am - 5pm
Sunday: 12pm - 5pm

Fall August 13, 2012 - October 27, 2012
M - F: 6am - 10am; 2pm - 8pm
Saturday: 7am - 5pm
Sunday: 12pm - 5pm

Winter October 28, 2012 - March 31, 2013
M - F: 2pm - 8pm
Saturday: 7am - 1pm
Sunday: closed

Riverside Pool at Riverside Park

Winter October 30, 2011 - March 31, 2012
Spring April 1, 2012 - May 30, 2012
Fall August 13, 2012 - October 27, 2012
Winter October 28, 2012 - March 31, 2013
Closed - Seasonal Pool

Summer May 31, 2012 - August 12, 2012
M-F: 11am - 3pm
Saturday: closed
Sunday: closed

Swim Lessons

Riverside Pool * 1600 Lockwood Blvd * 407-971-5582

Oviedo Aquatics offers Group Swim Lessons to participants of all ages and skill levels, 6 months - adults. All lessons are taught by American Red Cross certified Water Safety Instructors. Group Lessons are offered March through October at Riverside Pool. Each session consists of six, thirty minute lessons.



Spring Sessions

March:

Registration: February 18
Lessons: Feb 27 - Mar 14
Weather make-ups will be during Spring Break

April:

Registration: March 24
Lessons: April 2 - 19

May:

Registration: April 28
Lessons: April 30 - May 17

Fall Sessions

September:

Registration: August 18
Lessons: September 4 - 24

October:

Registration: September 29
Lessons: October 8 - 25

Summer Sessions

Morning Lessons - M/W/F: **Evening Lessons - T/Th:**

AM1:

Registration begins: June 2
Lessons: June 5 - 21

PM1:

Registration begins: June 2
Lessons: June 4 - 15

AM2:

Registration begins: June 16
Lessons: June 18 - 29

AM3:

Registration begins: July 7
Lessons: July 9 - 20

PM2:

Registration begins: July 7
Lessons: July 10 - 26

AM4:

Registration begins: July 21
Lessons: July 23 - Aug 3

NEW Registration Information:

- Each session has a separate registration that is required. All registrations are first come, first serve. There is absolutely no saving places in line on registration day.
- Registration for a session does not guarantee registration for any future session.
- Registration is done in person by the parent/guardian of the participant. You may not register other swimmers for lessons. All registrations are held at Riverside Park. Registration begins at 8am for City of Oviedo Residents and 10am for Non-Oviedo Residents (on date listed).
- On the morning of registration, the line begins to form prior to 8am. Beginning at 7am, numbers will be handed out to those already in line and will continue until registration is complete, one number per household. Registration will begin at 8am and proceed by number.
- In order to register for any class higher than the beginning level, participants must either be tested by an Oviedo Aquatics Instructor prior to registration OR have a certificate from a recent lesson with Oviedo Aquatics. The lesson certificate or test slip must be brought to registration.
- **To get a swim test:** You do not need an appointment. Simply go to either of our pools, any time they are open. Tell the lifeguard you need a swim test for swim lessons and they will get an instructor to do the test for you. You do not have to pay for the swim test. The swim test is not needed for Bubble Babies, Adult, Water Tot 1 or Level 1. All other levels require a swim test.

Questions or Information: Liz Fiorey * 407-971-5582 * lfiorey@cityofoviedo.net

Swim Lessons

Riverside Pool * 1600 Lockwood Blvd * 407-971-5582



Cost:

- Cost per session: (prices subject to change)
 - Oviedo Resident - \$40
 - Non-Resident Member - \$55
 - Non-Resident - \$65
- You must live within Oviedo city limits, not simply have an Oviedo address for residency.
- Residency will be checked at registration.
- Each session consists of 6 – 30 minute lessons
- Six classes are scheduled. In the event of numerous weather cancellations and make ups, five classes are guaranteed.

Class Information

- **Class schedules are released by season and are available at Oviedo Recreation Facilities or online at www.cityofoviedo.net.**
- In order to hold the class a minimum of 50% of swimmers must be registered.
- Parents are asked to remain outside the gated area during swim lessons.
- Infants and toddlers must wear swim diapers if not potty trained.
- Payment for the program entitles the participant use of the pool during that program only.
- If your child has no experience in the water or has a fear of putting their face in, they can register for Water Tots 1/Level 1 (age appropriate) without a swim test.
- After the completion of your first session, swimmers will receive a certificate indicating the next level recommended by their instructor.

Private Swim Lessons

Private Lessons are not offered at this time. Please call Liz Fiorey at 407-971-5582 with questions or concerns.

Parent and Child Aquatics

Bubble Babies

6-36 months w/parent in water
Max 10

Preschool Aquatics without parent

Water Tots 1:

Introduction to Water Skills
3-5 yrs Max 4

Water Tots 2:

Fundamental Aquatic Skills
3-5 yrs Max 6

Water Tots 3:

Stroke Development
3-5 yrs Max 6

Youth Swimming

Level 1:

Introduction to Water Skills
6 yrs - 14 yrs Max 6

Level 2:

Fundamental Aquatic Skills
6 yrs - 14 yrs Max 6

Level 3:

Stroke Development
6 yrs - 14 yrs Max 8
5 yr if completed & passed Water Tot 3

Level 4:

Stroke Improvement
5 yrs - 14 yrs Max 8
5 yr if completed & passed WT 3 & L 3

PreCudas:

Pre Swim Team
6 yrs - 13 yrs Max 8
Can be within 2 months of 6

Adult Swimming

Adult:

Beginner - Intermediate Levels
15 yrs + Max 6

**Not all levels are offered during every session. If you are interested in a level not offered, you can

Questions or Information: Liz Fiorey * 407-971-5582 * lfiorey@cityofoviedo.net

Oviedo Barracudas

Big Kahuna * 148 Oviedo Blvd * 407-971-5570

Barracudas Summer Swim Team is designed for the novice swimmer. We practice several days a week and compete in meets. The swimmers will work on their strokes, distance swimming, starts, turns, finishes, and relays. The meets are held at the Aquatic Facility on Friday nights/Saturday mornings throughout the summer. All swimmers receive ribbons for every event.



General Information:

- Swimmers ages 6 - 13 years old
- Swimmers MUST pass the tryout prior to registration
- Season runs June 4th - August 4th
- Practice time is your choice at registration on a first come, first serve basis. There is no difference in practices.
- Swimmers will be divided and coached by age group in each practice. Age groups: 6-8 year olds, 9-10 year olds, 11-13 year olds
- Practice times:
Mondays, Wednesdays, & Fridays
7:30 - 8:30 am - Blue Barracudas
8:30 - 9:30 am - Green Barracudas
Tuesdays & Thursdays
6:30 - 8 pm - Red Barracudas
- It is recommended swimmers miss no more than three weeks of practice.
- Barracuda swimmers compete in meets throughout the summer months - meets are required
- Swimmers must attend at least five regular meets to qualify for the Championship Meet
- Meet Dates:
Meets: June 9th, 16th, 23rd, 30th, July 6th, 14th, 21st, 28th
Championship Meet: August 4th

Try-Outs

- Try-outs are held at the following times:
Tues & Thurs 5:30-8pm - Aquatic Facility
Sat 4/21, 4/28, 5/5 10-10:30am - Riverside
- Swimmers who cannot make the try-out times may contact Lori to set-up alternate times
- Swimmers must be able to swim 50 yards of freestyle w/ correct breathing, 25 yards of backstroke, & 15 yards of breaststroke
- Swimmers must complete try-out prior to registration



Cost:

Includes t-shirt, swim cap, meet ribbons, award, & season end party (prices subject to change)

- Oviedo Residents: \$105
- Non-Resident Members: \$135
- Non-Residents: \$160

Registration:

Begins Saturday, May 12th
at the Aquatic Facility
8am - Oviedo Residents
10am - Open Registration

* *Registration will remain open until May 26 or until the team is full**



Questions or Information: Lori Hickey * 407-971-5584 * lhickey@cityofoviedo.net

Training Cudas

Big Kahuna * 148 Oviedo Blvd * 407-971-5570



The Training Cudas is a swim training program designed for the novice swimmer. The team is set up as a training team only; they will not compete in swim meets. The purpose is to work on endurance and strokes throughout the Fall, Winter, and Spring months.

General Information:

- Swimmers ages 6 - 13 years old
- Swimmers MUST pass the tryout prior to registration
- Practice Time:
Tuesdays & Thursdays
6-7 pm OR 7-8 pm
- Practices held at the Oviedo Aquatic Facility

Season:

2011-2012

May 1 - 24, 2012

2012-2013

September 4 - 27, 2012

October 2 - 30, 2012

November 1 - 29, 2012 (No practice 11/22)

December 4 - 27, 2012 (No practice 12/25)

January 3 - 31, 2013 (No practice 1/1)

February 5 - 28, 2013

March 5 - 28, 2013

April 2 - 30, 2013

May 2 - 23, 2013

Registration:

'11-'12 Season: after the 15th of each month

'12-'13 Season: August 25, 2012

8am at the Aquatic Facility

- Swimmers pay monthly
- Swimmers may join any month as long as there is space on the team

- Try-outs must be completed prior to registration day.
- If the team fills up, you may place your swimmer on the waiting list. Those on the waiting list will be called as spaces open up.
- Practice time is on a first-come, first-serve basis. We take 45 swimmers at each practice.

Cost:	Resident	NR Member	Non-Resident
Monthly -	\$ 30	\$ 33	\$40
3 Months -	\$ 85	\$ 94	\$115
6 Months -	\$165	\$183	\$225
9 Months -	\$240	\$264	\$320

You must pay the 3, 6, or 9 month payment at once to receive discount

(prices subject to change)

Try-Outs

- Tryouts are held at the Aquatic Facility on Tues/Thurs 6-8pm
- Swimmers must be able to swim 50 yards of freestyle w/correct breathing, 25 yards of backstroke, & 15 yards of breaststroke
- Swimmers must complete try-out prior to registration

Payment:

- Once on the team, you have the option of prepaying for the following months. However, payment for each month is due on the due date. Anyone paying late will lose their spot on the team due to the high demand of swimmers. Once the due date has passed the swimmers on the waiting list will be called if there are spaces available.
- Payments are due on the second to last practice of each month. Payment dates are listed on your receipt and on the Training Cudas website.

Questions or Information: Lori Hickey * 407-971-5584 * lhickey@cityofoviedo.net



Poolside Birthday Parties

Splash Zone * 148 Oviedo Blvd * 407-971-5570

Splash Zone Birthday Packages

Splash Zone Package

Resident: \$130 Non-Resident Member: \$148 Non-Resident: \$178

- pool admission for 5-25 guests
- Funbrella party area
- 2 banquet tables
- birthday banner

Splash Zone Ultimate Package

Resident: \$200 Non-Resident Member: \$225 Non-Resident: \$270

- pool admission for 26-40 guests
- Funbrella party area
- 2 banquet tables
- birthday banner

Splash Zone Extreme Package

Resident: \$280 Non-Resident Member: \$315 Non-Resident: \$380

- pool admission for 41-55 guests
- Funbrella party area
- 2 banquet tables
- birthday banner



Party Dates

Friday Night Dates

6:30-9pm

- April 27
- May 4, 11, 18, 25
- June 1, 8, 15, 22, 29
- July 13, 20, 27
- August 3, 10, 17, 24, 31
- September 7, 14

Saturday Morning Dates

9-11:30am

- May 19
- June 2
- August 4, 18
- September 8

Saturday Night Dates

6:30-9pm

- April 28
- May 5, 12, 26
- June 9, 16, 23, 30
- July 7, 14, 21, 28
- August 11, 25
- September 1, 15

All parties are booked on a first come, first serve basis.
We can not guarantee your date will be available when you call.

Questions or Information: Taylor Gray * 407-971-5567 * tgray@cityofoviedo.net

Poolside Birthday Parties

Splash Zone * 148 Oviedo Blvd * 407-971-5570



Party Information:

- Birthday Child must be turning **AT LEAST 4 years old**
- Entire party is outdoors
- NO REFUNDS due to inclement weather; party can be rescheduled within one year
- Minimum \$50 deposit due IN PERSON within 10 days of booking your party
- Birthday Parties are not private rentals; there will be up to three parties on each party date
- Party space is limited, reservations taken on a first come, first serve basis
- Due to HRS standards, anyone going onto the pool deck is considered a guest regardless if they are swimming
- Outside food and drink are allowed during party hours; pizza is highly suggested
- No glass permitted on the pool deck
- Alcohol is not permitted at Oviedo Recreation Facilities - this includes the Splash Zone
- Please be sure to bring the following items as they will not be provided:
 - food & drink
 - plates, napkins, cups, silverware
 - cake, candles and matches
 - camera
- Anyone wishing to ride the Blue Slide in the Splash Zone MUST be at least 48 inches tall without shoes
- All pool rules and regulations still apply

Please contact Taylor Gray to schedule your party:
407-971-5567
tgray@cityofoviedo.net

How to book a party:

- Call 407-971-5567 to reserve your party date
- Please have several dates in mind in case your date is already full
- Residency will be checked at reservation time
- Deposits must be made IN PERSON within 10 days of booking your date
Deposit: \$50
- Each family must have a Household in RecTrac (Recreation's computer software) prior to paying for deposit
- RecTrac Household Forms are located at either of our facilities or on our website under Recreation and Parks: www.cityofoviedo.net
- Remaining party balance is due at the party

Planning for your party:

- A guest is anyone stepping onto the pool deck even if they do not plan to swim; this includes all family members attending party
- Reserve your party on the larger side - remember to plan for any parents wishing to attend the party
- You will only be charged for the number of guests that attend the party
- You may arrive at 6pm to set-up for your party - guests will be allowed in at 6:30pm (9am for AM)
- Pizza is recommended for parties - all local pizza companies will deliver to the Aquatic Facility
- All parties must be cleaned up and off the pool deck at 9pm (11:30am for AM parties)



Questions or Information: Taylor Gray * 407-971-5567 * tgray@cityofoviedo.net

Stroke Clinics

Riverside Pool * 1600 Lockwood Blvd * 407-971-5582



Stroke Clinics are designed to help refine the strokes of young swimmers. Each clinic focuses the entire hour on one stroke, incorporating kick and stroke drills. At the end of each clinic, each swimmer will receive a 'tip card' with reminders for their individual stroke refinement. The stroke clinics are not meant to be swim lessons.

General Information:

- Swimmers ages 6 - 13 years old
- Swimmers MUST either:
 - Be returning Barracuda/Training Cuda
 - OR
 - Have passed tryout prior to registration
- Clinics are held at Riverside Pool
- Clinic Time:
 - Saturdays
 - 6 - 8 year olds: 8-8:50am
 - 9 - 13 year olds: 9-9:50am

Registration:

- Registration will begin Monday, April 2nd
- Registration for one clinic does not hold a spot for the next clinic. Limited space is available - registration is on a first-come, first-serve basis.
- A maximum of 30 swimmers will be allowed to register in each age group, per clinic.
- In order to receive discount, you must pay for all 5 clinics at once.

Try-Outs

- Tryouts are held at the Aquatic Facility during open swim hours
- Swimmers must be able to swim 25 yards of freestyle and 25 yards of backstroke
- Swimmers must complete try-out prior to registration

Clinic Dates:

- April 21st - Freestyle
- April 28th - Backstroke
- May 5th - Breaststroke
- May 12th - No Clinic!
- May 19th - Butterfly
- May 26th - Starts



Cost:

Per Clinic

Oviedo Resident \$7
Non-Resident Member \$9
Non-Resident \$15

All 5 Clinics:

Oviedo Resident \$28
Non-Resident Member \$36
Non-Resident \$60

(prices subject to change)

Questions or Information: Liz Fiorey * 407-971-5582 * lfiorey@cityofoviedo.net

Lifeguard Training

Big Kahuna * 148 Oviedo Blvd * 407-971-5570



Are you looking for a fun and rewarding job? American Red Cross Lifeguarding is the place to start! Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy aquatic activities.

Completion of the course does not guarantee employment with the City of Oviedo.

Course Requirements:

- Minimum age of 15 by course completion.
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds
 - Starting in the water swim 20 yards
 - Surface dive 7-10 ft. and retrieve a 10 lb. brick
 - Swim 20 yards back with two hands on the brick
 - Exit water without using a ladder or steps
- Swimming requirements will be completed on the first scheduled day of the course.

General Information:

- Swimming requirements must be completed and passed in order to continue class.
- If course is cancelled by the Recreation Department, your fees will be refunded.
- Completion of the course does not guarantee employment with the City of Oviedo
- To receive certifications, the participant must pass all written and skills tests.
- With completion and passing of the Red Cross Lifeguard Course you will receive the following certifications:
 - ARC Lifeguarding & First Aid
 - ARC CPR/AED for Professional Rescuers



**Due to pool closing for repairs
we will be unable to offer a
Lifeguarding class in 2012.**

Questions or Information: Taylor Gray * 407-971-5567 * tgray@cityofoviedo.net



Water Aerobics

Big Kahuna * 148 Oviedo Blvd * 407-971-5570

Deep Aqua Fit is a non-impact, deep water aerobics class that works a variety of muscle groups as well as the cardiovascular system.

The class is held in the 8-foot section of the Big Kahuna and utilizes buoyancy belts and hand buoys. Beginners and Non-Swimmers are welcome!

Water Aerobics Class Schedule:

November - March

Mon - Fri 2-3 pm

April - October

Mon - Fri 8:30 - 9:30 am



Our Water Aerobics class uses the resistance of the water to form a low or non impact work-out.

Water Aerobics & Aqua Zumba

Fees:

Per Visit:

\$3 Residents & Seniors

\$4 Non-Resident Member

\$7 Non-Residents

All classes are taught by certified Aquatic Exercise Instructors in a high energy atmosphere. Their combination of motivation and expertise, along with great music selections make our water aerobics classes a must try!!

20 Visit Pass:

\$40 Residents & Seniors

\$65 Non-Resident Member

\$75 Non-Residents



Make a Splash!
Bring the Party to the Pool!

(prices subject to change)

Have you ever been to an exercise class where your eyes drift to the clock, frequently, to see how many minutes of torture remain? Aqua Zumba is not that class!

Aqua Zumba Class Schedule:

April—May

Mon/Wed/Fri 4:30-5:30pm

Summer schedule will be posted in May.

Aqua Zumba is an adaptation of the global Zumba dance/exercise phenomena applied to the water. Using the same invigorating, pulsating music used in land Zumba classes, we rock and roll to the beat and the best part is no one can see us jiggle! The classes are taught in shallow water allowing you to stand in waist to chest deep water, where even a non-swimmer will feel comfortable. Water resistance helps to increase core strength while at the same time it helps us to burn more calories. It's a win, WIN workout!! Make it a family night, date night, or bring your friends, participants of all ages are welcome. Our time together will fly by leaving you hungry for the next class. So get ready to laugh, even giggle, while shaking it up in the water. The Aqua Zumba pool party is the place to be.



Questions or Information: Liz Fiorey * 407-971-5582 * lfiorey@cityofoviedo.net

Blue Dolphins



Swim Team



Oviedo Aquatics' Big Kahuna pool is home to the Oviedo Blue Dolphins Swim Team. The Blue Dolphins are headed up by Coach Charlie Rose.

The Blue Dolphins are a USA competitive swim team for swimmers 5 - 18 years old. They practice up to six days per week. The Blue Dolphins are not run by the City of Oviedo.

You can find out more information about the Blue Dolphins by visiting their website at www.bluedolphins.com or you can contact Charlie Rose at 407-617-2770 or bdcoachrose@gmail.com



Masters Swim Team

Practice Days and Times:
Vary by season

Place:
Oviedo Aquatic Facility
148 Oviedo Boulevard

Monthly Cost:
3 days per week: \$45.00

Contact Information:
Gaby Munoz
305-562-1755
gabymunozca@hotmail.com

The Master's Swim Club is for swimmers at least 19 years old. Practices are deck coached for swimmers with previous competitive swimming experience.

Frequently Asked Questions

Swim Lessons

How do I pick a level for my child?

If your child has never been in swim lessons before, you need to bring them to the pool to have them tested by a Water Safety Instructor. They will place your child in the correct level. If your child has been in swim lessons before, your last certificate will tell you which class your child should be placed in.

How do I register?

Registration is held at Riverside Park. Please bring with you the swim test slip you received when your child was tested. The swim test cannot be dated any earlier than June 2011. If you have any questions about which level your child should be placed in please give us a call. 407-971-5582

Can I sign-up anytime or just at the assigned time?

Registration starts at the designated times and continues until the lessons begin. Lessons are on a first come, first serve basis. In the warmer months swim lessons will likely fill to capacity so we recommend you get to registration a little early.

What time should I get there on the first day of class?

Show up to class five minutes early with a towel. The instructors will come out and call their class to go onto the pool deck. **Parents are required to remain outside the fence during swim lessons to help both the instructor and your child remain focused throughout the lesson.** You may sit on the bleachers and watch. The instructors will then bring their class back off the pool deck for you to pick them up.

What happens if it is raining and or storming?

Class will only be cancelled if there is thunder/lightning or heavy rain. We will make the decision 15 minutes prior to the start of the lesson unless severe weather occurs we may cancel earlier. Please call the Aquatics Rain-out Line for any updates - 407-971-5587 - Listen for Swim Lessons

Do I have to return and register for each session?

Yes. We do not hold spaces in classes for currently registered children. You must return each session and register for the appropriate class.

If I have to miss a swim lesson do I get to make it up?

No. Swim lessons will only be made up if the City cancels the class. If you are going to miss a class please let your instructor know.

Barracudas/Training Cudas

Does it matter that my child has never been on a swim team?

No! We are a novice team. The children learn about the basics of competitive swimming during practices.

What if my child does not pass the try-out?

We offer both Stroke Clinics and a Pre-Cuda Swim Lesson for children. When you complete the try-out please ask the instructor which they feel would best benefit your swimmer.

What should my swimmer bring to practice?

A towel, goggles and something to drink (water or sports drink)! We highly recommend goggles as the water is sometimes hard on the swimmers' eyes with the amount of time they spend in the water.

What happens if it is raining and/or storming?

Practice will only be cancelled if there is thunder/lightning or heavy rain. We have an Aquatics weather line that you may call to find out the status of practice. Practices that are cancelled due to weather will not be made up. Weather Line: 407-971-5587 - Listen for Barracudas/Training Cudas.

Barracudas

How do I decide which practice I should go to?

Practices are not designated by skill or age. Practice time is the choice of the swimmer and their parents. In each practice time the swimmers will be divided and coached by age group. We have three age groups: 6-8 years old, 9-10 years old, 11 - 13 years old.

What happens if we have a summer vacation planned?

We understand that it is the summer time and families go on summer vacation but we ask that swimmers attend as many practices and meets as possible. Please inform your coach of when you will be gone so they are aware.

All of the swimmers in the pictures are wearing the same swim suit - does my swimmer have to wear a special suit?

No, all Barracudas have the option of wearing the team suit but it is not required. When you register you will be given the information on the team suit and will be able to purchase the suit at the Parents Meeting.

My swimmer is unsure of diving and not very good at the butterfly, what should I do?

We recommend that all Barracudas, new and old, attend Stroke Clinics to help refine their strokes!

Aquatics Policies

Residency:

- Oviedo Residency restrictions are a requirement of the City of Oviedo Recreation & Parks Department. Proof of Residency is required for Resident rates. An ID must be shown each visit to receive resident rates. You must live within the City limits; not simply have an Oviedo mailing address.
- Non-Resident Members are Non-Residents who pay a yearly fee to Oviedo Recreation to receive discounted Non-Resident rates.

Oviedo Recreation Program Refund Policy:

- The City of Oviedo allows a 48 hour grace period for any cancellation of registration. All requests must be submitted in writing and within 48 hours of registration in order to receive a full refund.
- Any changes after the initial 48 hours AND before the program begins are subject to a 25% administrative fee. There are NO REFUNDS after the program has begun.
- Payment for a program entitles the participant use of the pool during that program only. Pool admission must be paid for use of the pool before or after program/class.

Daily Pool Admission Refund Policy:

- No refunds or rain checks for any reason.
- In the event of pool closure due to inclement weather, you may return later in the day if the pool reopens.
- Pool admission is for duration of the day - patrons may leave and return in the same day without repaying.

Inclement Weather Policy:

The City of Oviedo Recreation & Parks Department utilizes the Thor Guard Lightning Prediction & Warning System at all Recreation Facilities, which includes Riverside Pool and the Oviedo Aquatic Facility.

The Thor Guard System was designed to evaluate the electrostatic field and compare the energy migration of the positive and negative ions. Thor Guard continuously measures the millivolts of static electricity, both in the air and on the ground, in a 2 mile radius. When the system detects sufficient electricity in the area to predict a lightning strike within an 8-20 minute window, the warning system will sound.



The following is the procedure for all Recreational activities during inclement weather:

- The first horn will sound for 15 seconds. This indicates the Thor Guard System predicts a lightning strike will occur in the 2 mile radius in less than 20 minutes.
- When the horn sounds, ALL outdoor activities will cease immediately and all pools, decks, fields and walkways will be cleared. All patrons are asked to seek safety in their cars, as we do not have the space to safely accommodate waiting patrons.
- While there is still potential for lightning within the 2 mile radius, a strobe light will continually flash.
- When the Thor Guard determines it is safe to resume activities, the strobe light will turn off and 3, 5 second horn blasts will sound.

The pool will reopen when Thor Guard has determined it is safe to resume activities. Until this time, please seek shelter in your car or inside the building. We are unable to allow patrons to wait outside under the over-hang of the building.

Pool Rules

General Pool Rules for All Pools:

- Everyone entering the pool gate must pay pool admission
- City of Oviedo Residents must show proof of residency each visit
- No refunds or rain checks for inclement weather
- Inclement weather is determined by Thor Guard
- Children 9 and under must have a paying adult with them
- Children 3 and under must have an adult within arms reach in the pool at all times
- For the safety of all swimmers, NO FLOATATION DEVICES, except Coast Guard approved lifejackets
- Lifejackets are provided free of charge at all pools
- **Outside food or drink is not permitted**
- Children not potty trained must wear a swim diaper
- No running on the pool deck
- Horseplay is not permitted
- All patrons must adhere to lifeguard instructions

Splash Zone Rules:

- Children 3 and under must be **directly** supervised by an adult in the water at all times
- Everyone must enter through the beach entrance, no jumping from the side
- **Anyone wishing to ride the blue slide must be 48 inches tall without shoes, NO EXCEPTIONS**

Waiting List Policy:

- Splash Zone capacity is 66 persons, as set by the Health Department
- Once capacity has been reached, a waiting list will be utilized

Big Kahuna Rules:

- No diving
- Lap lanes are for lap swimming only
- Swim equipment is to be used by lap swimmers only
- Swimming through lane lines is not permitted - swimmers must exit water and walk to the other end of the pool

Riverside Pool Rules:

- No diving
- Lap lanes are for lap swimming only
- Swim equipment is to be used by lap swimmers only
- No hanging on or jumping from starting blocks

